

Home Care Packages.

Information and Fees Schedule • effective 1 August 2024

Providing the support you need to achieve your goals and live your best life. Information for Clients and their families.





Quality, In-Home Care for Seniors

Ageing at home can be a great experience, when you have the right support network in place. We have 40 years' experience helping seniors like you to nurture independence, support social connections, and achieve health goals.

Our Mission is to bring joy to those we serve by improving independence, safety and social connections through high quality care services.

Our services include nursing, allied health services, respite care, purchase of equipment, cleaning or laundry, personal care, meal preparation, and social and community access.



Nursing

- Medication Administration
- Diabetic education and management
- Continence education and management
- Wound care and management
- Pressure injury prevention and care



Respite Care

In-Home Respite provides the Carer time to have a break and have time for themselves, so they can unwind and recharge.



Cleaning or Laundry

- Mop, sweep & vacuum floors
- Clean kitchen and bathrooms
- Dust, organise and tidy up rooms
- Make the beds and change linen
- Laundry - wash, iron and put away clothes
- Take out the garbage



Meal Preparation

- Cooking and meal preparation
- Prepare grocery list
- Grocery shopping



Allied health services

- Occupational therapy
- Podiatry
- Physiotherapy
- Exercise physiotherapy and more to help you move with confidence.



Purchase of Equipment

Such as personal alarms, home safety technology and health monitoring.



Personal Care

- Bathing or showering
- Grooming
- Continence Care
- Help with mobility
- Help with exercise routines
- Assistance with eating



Social and Community Access

- Companionship and friendly conversations
- Playing cards or board games
- Outings to the theatre, art galleries, RSL clubs, coffee shops
- Visiting friends
- Take walks, visit the park
- Transportation - to and from doctor's appointments, shops, social and community events.

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Service Fees Schedule • effective 1 August 2024

Package Fees - Daily Rate	Level 1	Level 2	Level 3	Level 4
Care Management Fee	\$5.63	\$9.90	\$21.54	\$32.60
Package Management Fee	\$4.22	\$7.42	\$16.16	\$24.49

Service Types	Care Services 30 minutes	Care Services 1 hour	Registered Nurse / 1 hour	Allied Health 1 hour
Monday—Friday 7am-7pm	\$47.50	\$75.50	\$129.00	\$156.00
Monday—Friday 7pm-7am	\$55.00	\$87.00	\$143.00	N/A
Saturday—All Day	\$71.00	\$113.70	\$164.00	N/A
Sunday—All Day	\$95.00	\$151.60	\$190.00	N/A
Public Holiday—All Day	\$118.50	\$189.50	\$238.00	N/A

Clinical Care Services		Registered Nurse	Allied Health
Comprehensive Onboarding	Flat Rate	\$405	\$560
Review or Major changes	Flat Rate	\$290	\$420
Telehealth Services	Per Hour	\$129	\$156

Other CatholicCare Services	Per Hour	Other
Counselling Service	available upon request	-
Transport within Services	-	\$1.29 per km

Call our friendly team
02 4211 6103

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catholiccare.dow.org.au

Our Offices

Illawarra

Shoalhaven

Macarthur