

Bringing Up Great Kids.

Build positive relationships and interactions with your child.

Parents wishing to reflect on their current parenting style

Promotes and supports respectful, caring, and nurturing relationships between you and your children. In a supportive group setting, parents are encouraged to become more reflective and mindful in your parenting approach.

What will I learn?

- Explore and reflect upon the evolution of your parenting style
- Develop an increased understanding about the 'messages' you communicate to your child through behaviours, acts and attitudes
- Learn about child brain development and understand how to meet your child's growing needs
- Develop skills in identifying and managing the stressors associated with parenting

Funded by the Australian Government Department of Social Services. Go to www.dss.gov.au for more information.

For more information or to make a booking

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**Always
connected.**

