

Counselling.

Providing support, guidance and a listening ear to individuals, couples and families.



catholiccare

CatholicCare provides support, guidance and a listening ear to families and individuals at all stages of their life journey.

Our qualified counsellors have a wealth of experience relating to trauma, anxiety, depression, stress, life changes, family and relationship or workplace challenges. They offer counselling to families, couples and individuals.

> To book an appointment please call 02 4254 9395 or email <u>intake@catholiccare.dow.org.au</u>

Funded by the Australian Government Department of Social Services. Go to: **www.dss.gov.au** for more information.

CatholicCare is a non-profit social services agency that works with everyone – regardless of religious beliefs.

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